

**FIX
YOUR
SKIN!**
FLAWLESS
IN JUST
TWO
WEEKS



ELLE BEAUTY

COUNTER CULTURE

Doctors' Orders

TOP SKIN MDs TOUT THE TREATMENTS THEY SWEAR BY. WHAT LIVES UP TO THE HYPE AND WHAT'S JUST HIGH HOPES? BY NICOLE CATANESE

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MOST REQUESTED

"Fraxel, a laser that erases wrinkles and photo damage on the face and neck. It bores tiny holes in the skin to stimulate collagen production. As skin heals, thin scabs form and peel away in a few days."

CURRENT FAVORITE

"The fractional CO₂ laser for pigmentation, acne, and fine lines. It's like a more powerful Fraxel and doesn't remove the skin's surface like past procedures. You'll have to take a week off work to heal, though."

BEST BUYS

"DermAvance Hyalogy P-effect night cream (\$100) uses nanotechnology to deliver ceramides, which are skin-firming lipids, and hyaluronic acid, a mega-moisturizer."



RISKY BUSINESS

"More studies are needed on mesotherapy—shallow injections of solutions said to break apart fat cells. The cocktails aren't well regulated, so detergents and steroids can be added, leading to discoloration and scarring."

COMING ATTRACTIONS

"Creams that contain natural and man-made enzymes to reverse DNA damage. Early studies show that when applied post-sun, they can immediately repair cells and possibly prevent skin cancer."

PAGES

THE BEST
DRESSES, BAGS,
JACKETS, COATS,
FOR RIGHT NOW
AND ALL FALL

PLUS:
SHOES!
120+ BOOTS, HEELS,
PLATFORMS, FLATS—
THE ONES YOU
HAVE TO HAVE

SKINNY VS.
WIDE JEANS
HOW TO
WEAR THEM