

THE ULTIMATE COSMETIC ENHANCEMENT GUIDE

# NEW BEAUTY

PREMIER ISSUE

BONUS SECTION  
**NATIONAL  
DIRECTORY**  
Plastic Surgeons  
Cosmetic Dentists  
Dermatologists

liposuction  
breast augmentation  
smile makeovers  
age-defying lasers

## Light years

MEDICAL

Laser and light therapy are excellent acne treatments according to Elizabeth Tanzi, MD, co-director of the Washington Institute of Dermatological Laser Surgery in Washington, D.C. One of the options making news is the **ClearLight blue light treatment**, which uses a high intensity light to kill the bacteria that causes acne with one or two treatments weekly for a month—with no downtime. In some cases, your doctor may apply **Levulan** (a chemical that becomes photoactive when exposed to the light source) on problem areas like the face, chest or back. Acne-causing bacteria absorb the Levulan, and exposure to the light source not only kills the bacteria but shrinks the glands that produce oil as well. The process is commonly referred to as photodynamic therapy. *About \$200–\$350 for initial treatment; about \$700–\$900 for a course of two to three treatments; additional costs for Levulan may apply.*